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| Meal Times |  Monday  |  Tuesday  |  Wednesday  |  Thursday  |  Friday  |  Saturday  |  Sunday  |
|  Morning  | Warm Corn Bread w/Crab Apple Sauce | Warm Wild Rice w/Blueberries & Maple Sugar | Boiled Duck Eggs w/Frost Grapes & Corn Bread | Dried Wild Rice & Corn w/Wild Rice Milk & Maple Sugar | Wild Rice Pudding w/Maple Sugar and Strawberries | Warm Wild Rice w/Blueberries & Maple Sugar | Scrambled Duck Eggs w/Leaks, Mushrooms, and Fried Venison Steak  |
|  Noon | Leftovers from Sunday Evening. | Leftovers from Monday Evening. | Leftovers from Tuesday Evening. | Leftovers from Wednesday Evening. | Leftovers from Thursday Evening. | Leftovers from Friday Evening. | Leftovers from Saturday Evening. |
| Evening    | Roasted Turkey w/Pumpkin Slices & Raspberries | Fried Ground Venison w/Cubed Groundnuts & Lambsquarters | Baked Walleye w/Wild Rice & Pinto Beans | Fried Duck w/Cattail Hearts & Huckleberries | Grilled Buffalo Steak w/Sweet Potatoes & Fiddle Heads | Baked Moose Meatballs w/Sweet Potato Fries & Sunflower Oil Cornbread Sauce | Sunflower, Dandelion, Mushroom, Baked Whitefish, Hazel Nut, Black Cherry & Nodding Onion Salad w/Sunflower Oil Dressing |
|  Snacks | Fried White Pine Bark, Dried Wild Rice, Nuts, Dried Cranberries, Maple Flavored Pumpkin Seeds, Blueberries, Dried Fish, Maple Flavored Grasshoppers  |
| Drinks | Water, Sweet Water, Wild Rice Milk, Tea, Cranberry Juice |